

OLDHAM CARERS: SEPTEMBER 2017 PROGRAM

CARRY ON CARING



<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>
Tuesday	5th	10am-1pm 2pm - 4pm	Free Reiki treatment. Come and join our regular carers only drop in Carers and the person cared for welcome.
Thursday	7th	10am - noon	Hot Dog Day. "meat " or "cheese" dogs. Carers only.
Tuesday	12th	10am - 1pm 2pm - 4pm	Carers only. Fun quiz Carers and cared for always welcome.
Thursday	14th	10am - noon	Carers only.
Tuesday	19th	10am - 1pm 2pm - 4pm	Carers only. Free snacks provided. Bring the person you care for along and improve your artistic skills with Julie Chandler.
Thursday	21st	10am - noon	Carers only. Cooking with Rachel Bird. Eccles cakes.
Tuesday	26th	10am - 1pm 2pm - 4pm	Pamper and Reiki session for carers only. Enjoy Gaynor Millett's free treatment. Pamper . Afternoon treatment for carers and cared for.
Thursday	28th	10am - noon	Free pamper sessions with Gaynor Millett. Carers only

LOOK

We are on Facebook: Join us by logging on to Oldham Carers.